

RESOURCES



EVALUATION

Have students write stories about what they have learnt and experienced. Bind these as booklets for students to read and share. Take photos during cooking and activity times and add these to the booklets.

Recount of our Supermarket Tour
Written by a group of ESL Level 1 students

In May we walked to Footscray. We met Andrea at Coles Supermarket. Andrea and Caitlin took us around the cool meats to learn about healthy food. We talked about fat, the colour, and the proteins in food. We looked at the expiry date, prices and weight. We discussed the way of choosing the difference between pork, beef and lamb. Reading to see on the labels what ingredients are in the food. The meat changes colour when it is not fresh. Meat with fat is not good for your health. The lean meat is the best. The reduced meat is cheaper.

Some more Food Quotes

These are great for stretching the students understanding of the English language and having fun with words. Students will also know sayings from their countries. These could be written and displayed in the classroom. Enjoy.

LAUGHTER IS FOOD FOR THE SOUL

A HALF FULL CUP IS BETTER THAN A HALF EMPTY ONE

AN APPLE A DAY KEEPS THE DOCTOR AWAY

EAT WELL, LIVE WELL



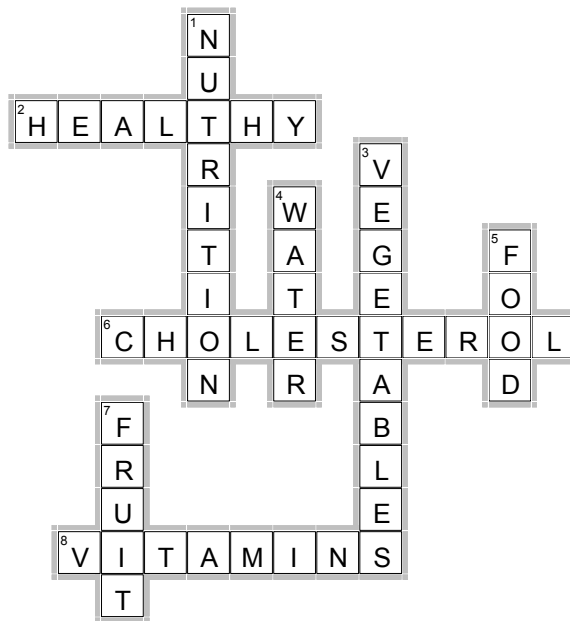
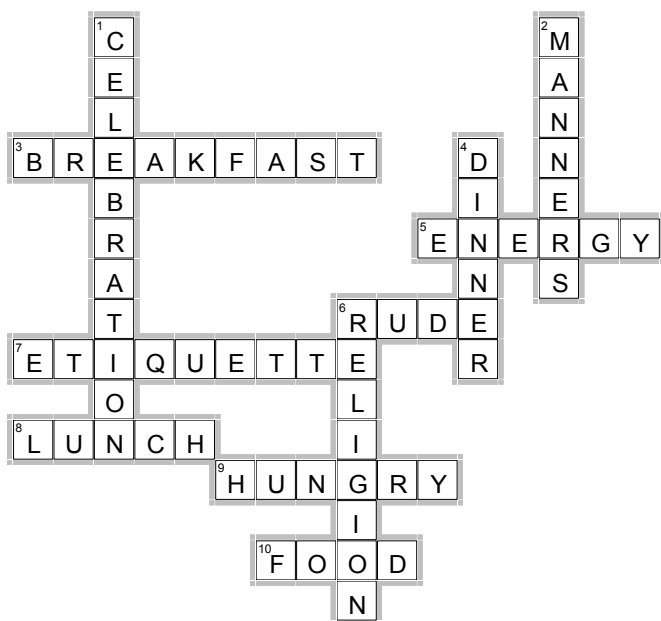
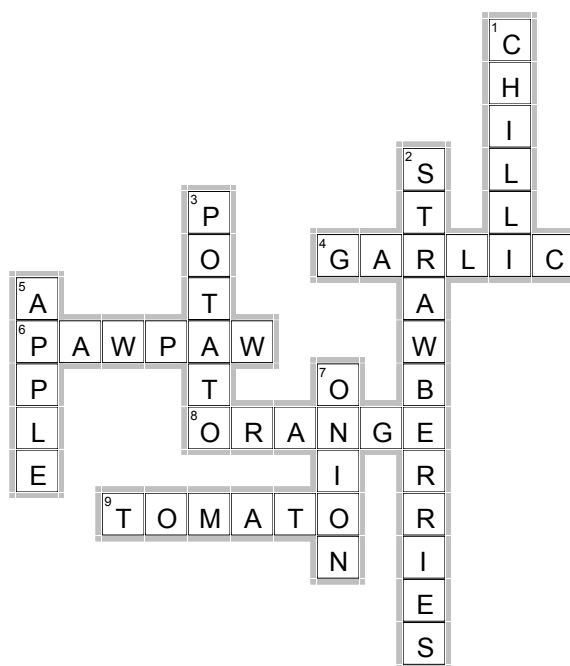
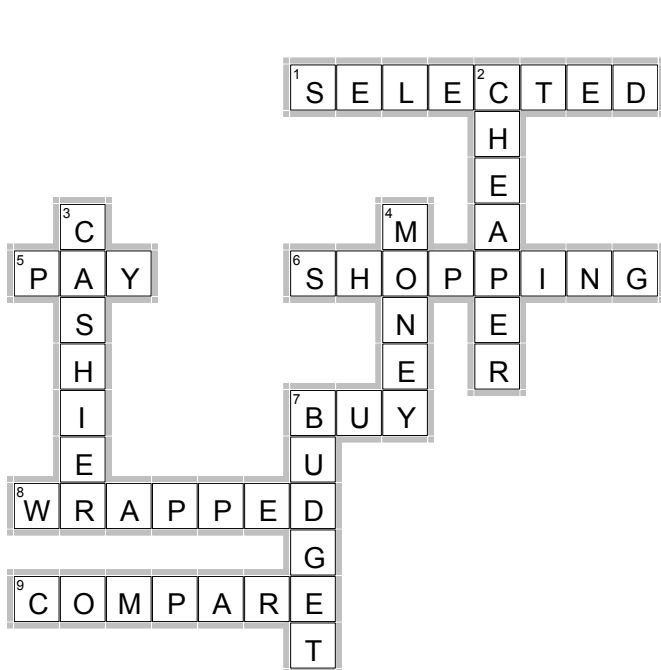
BINGO template

Play with pictures or words. Students can help create and cut out cards.

SUDUKO Template

Have students make their own suduko puzzle using words learnt in class.

crossword puzzle answers



RESOURCE LIST

Activity Based Teacher Resources

Alexander L.G Mainline Progress
Longman group, 1973

Cholewka S & Siew Mei Wu Australian Snapshots
AMES 1997

Cravern Miles, Listening Extra
Cambridge Uni Press 2004

Davies C. & Maggie Power Pictures to Words
Oxford Uni. press 1996

Duffy J. & Jane graham, Shopping Words
AMES NSW 2006

ED. Dept of Victoria, Language Games for ESL Students
Dept. of Education and Training. Victoria 2004

Fletcher M & Manns R, 'Storyboard'
Scholastic, UK 2005

Hadfield Jill Elementary Vocabulary Games
Longman UK 2002

Learminth P. Men and women Health and Fitness
AMES Vic. 1996

O'Day Carmel, Food for a new beginning
AMES VIC 2000

Shiels J. (Ed) 'Cooking Stories'
Immigration Museum, VIC., 2003

Simons Wendy Partners
Oxford Uni. press 1998

Thomas S. Picture Prompts, Prepositions and Directions
Delta Pub. UK 1997

Watcyn-Jones Peter (Ed). Instant Lessons
1 Elementary Penguin UK 2000

RESOURCE LIST

Web Sites

Australian Dairy Board www.dairy.foodoflife.com.au

Better Health www.betterhealth.vi.vic.gov.au

http://www.brighamandwomens.org/publicaffairs/Images/trans_fat_label.jpg

Brimbank City Council www.brimbankcitycouncil.com.au

Coles Supermarket www.coles.com.au

CSIRO www.CSIRO.au/resources/cholesterolfacts

CYH www.cyh.com/healthtopics/healthtopicsdetailskids

Eclipse www.eclipsecrosswords.com
site for free reproduction of crosswords for classroom use

Food and Nutrition Australia www.foodnut.com.au

Galaxy Com www.esl-galaxy.com

Healthy & Active www.healthyactive.gov.au

Heart Foundation www.heartfoundation.org.au

How stuff works www.howstuffworks.com

Kids health www.kidshealth.com

Liddell Linens www.liddell-linens.com/shop/napkin.php

Maribyrnong city Council www.maribyrnongcitycouncil.com.au

Market Fresh www.marketfresh.com.au

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It was developed for use in the Adult Education sector to educate and raise awareness about nutrition and wellbeing.

Resource developed by Genevieve Murray.

Acknowledgments

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